

# Buffet Menu

## Do you like food?

The provision of freshly prepared ingredients is just one of the things that go into our hot and cold buffets here at the YMCA. We also provide an efficient and friendly customer service, to deliver your culinary requirements for either business or social events.

We feel that the word 'plethora' is the one that is appropriate for just how much choice you have in what to order, plus it sounds nice. We use Fairtrade products when and where possible, source our ingredients locally and quality is scrutinised by our very own Food Advisor.

On offer is a choice of two menus, one hot and one cold. The process is simple. Just scroll down the menu and highlight your choices using the buttons on the left.

**2 main meals, 2 accompaniments and 1 sundry for £5.95<sub>pp</sub>**

### Mains

- Chicken Curry (Medium heat)
- Beef Chilli Con Carne (Medium heat)
- Jerk Style Chicken
- Beef Lasagne
- Lamb Cottage Pie
- Meatballs in a Tomato and Basil Sauce

### Vegetarian

- Lentil Curry
- Quorn Chilli Con Carne
- Quorn Lasagne Verdi
- Macaronni Cheese
- Butternut Gratin
- Asparagus and Pea in Creamy Sauce

### Accompaniments

- Plain Boiled Rice
- Pasta
- Baked Potato (fluffy inside!)
- Boiled New Potatoes
- Potato Wedges

### Sundries

- Fruit platter
- Naan Bread
- Garlic Bread
- Roasted Vegetables

Parties of 15 people or more receive  
**10% discount!**

hot menu

## A selection of delicious cold foods influenced from around the world £4.75pp

### Sandwiches

- Grilled Chicken on Granary (optional salad)
- Chicken and Mango
- Coronation Chicken (optional salad)
- Egg, Ham and Coleslaw
- Cheddar and Red Onion
- Tuna and Cucumber
- Brie and Tomato Chutney

### Wraps

- Chicken Caesar Wrap
- Chicken Fajita Wrap
- 3 Bean Spicy Wrap
- Chicken and Avacado Wrap

### Salads

- Prawn Layered Salad
- Cheese Layered Salad
- Tomato and Motzerrella
- Ham Hock Salad
- Greek salad & Feta Cheese

### Cakes

- Blueberry Lemon cake
- Banana Loaf

### Pick ups

- Goats Cheese, Spinach and Red Onion Tarts
- Brie & Sunblush Tomato Quiche
- Chicken & Balti Samosa
- Tomato & Mozzarella Parcel

Cold menu

Above is an example of the kinds of lovely things our cold buffet includes. There will be a variety of meat and vegetarian choices. If there are any other dietary requirements please specify them on the order form.

This buffet is left to the discretion of our experienced catering staff due to the availability of the ingredients. But we think you'll be impressed with our creativity!